

TriCare on the Move

TOP Prime

TOP Prime is a managed care option offering the most affordable and comprehensive health care. TOP Prime is available to ADSMs and command-sponsored family members.

- Enrollment required
- Enhanced benefits and services
- Priority access for care at military treatment facilities
- Most care received from an assigned primary care manager (PCM) at a military treatment facility (MTF)
- PCM referrals required for specialty care
- No claims to file (in most cases)

Note: *The TOP Prime option may vary in each overseas area. Please check with your TRICARE Area Office for specific details.*

TRICARE Global Remote Overseas

TRICARE Global Remote Overseas (TGRO) provides TOP Prime benefits to permanently assigned ADSMs and their command-sponsored family members who live in designated remote overseas locations.

- Enrollment required
- Enhanced benefits and services
- Priority access for care
- Primary care received from any PCM in the TGRO network
- Specialty care referrals coordinated through TGRO call centers
- No claims to file (in most cases)

Note: *Active duty service members on leave or TDY (including activated members of the National Guard or Reserve Unit) in remote overseas locations may coordinate urgent and emergency care through the area TGRO Call Center.*

TOP Standard

TOP Standard is similar to the state-side program, including cost_shares and deductibles. TOP Standard is available to ADFMs, retired service members, their families and others living or traveling overseas.

- Referrals not required for specialty care (some services may require prior authorization)
- Care received from any host nation provider
- May have to pay provider first and submit health care claims for reimbursement
- MTF care on a space-available basis only

Note: *Retirees, their families and non-command-sponsored ADFMs who reside overseas are only covered by TOP Standard.*

Overseas Claims Information

(including pharmacy, except for Guam, Puerto Rico and the U.S. Virgin Islands only)
Wisconsin Physicians Service
1_608_301_2310 or 1_608_301_2311
www.tricare4u.com

TRICARE Pharmacy Program

TRICARE provides prescription medication for all eligible TRICARE beneficiaries. Costs for prescriptions are based on the category under which the drug is classified—formulary or non-formulary and generic or brand name—and where the prescription is filled—MTF pharmacy, TRICARE Mail Order Pharmacy, TRICARE Retail Pharmacy (TRRx) network or a non-network pharmacy. Other than in U.S. territories, to fill prescriptions via mail_order, you must have an APO or FPO address, and the prescription must be written by a U.S. military provider or by a physician licensed in the United States. The TRRx benefit is available in the Continental United States (CONUS) and overseas only in Puerto Rico, the U.S. Virgin Islands and Guam. If you live in one of these overseas locations, prescriptions may be filled at any TRICARE retail network pharmacy. Learn about the generic drug use policy, the Uniform Formulary Search Tool and other pharmacy benefit information at www.tricare.osd.mil/pharmacy.

Host Nation Pharmacies

These pharmacies, though not TRICARE pharmacies, can be used through a claims reimbursement process. When using a host nation pharmacy, you must be prepared to pay 100 percent of the cost up front and file a manual claim with TRICARE. TOP Prime enrollees will be reimbursed 100 percent of the out-of-pocket costs for covered drugs when using a host nation pharmacy. All others using TOP Standard are reimbursed at the applicable TOP Standard rates. *For more information about TRICARE host nation pharmacy benefits, visit www.tricare.osd.mil/pharmacy.*

Pharmacy Contact Information

TRICARE Mail Order Pharmacy

Express Scripts, Inc. . . .1_866_DoD_TMOP (1_866_363_8667)
www.express_scripts.com/TRICARE

TRICARE Retail Pharmacy

(Guam, Puerto Rico and the U.S. Virgin Islands only)
Express Scripts, Inc. . . .1_866_DoD_TRRx (1_866_363_8779)
www.express_scripts.com/TRICARE

Eligibility for TRICARE is determined by information in the Defense Enrollment Eligibility Reporting System (DEERS). It is important for sponsors to keep DEERS records up to date for themselves and their family members. While anyone can update addresses or phone numbers, only the sponsor can add or delete a family member.

DEERS information can be updated in one of the following ways:

- Visit a local uniformed services personnel office—locate the nearest one online at www.dmdc.osd.mil/rsl.
- Call 1-800-538-9552 (Monday–Friday 6 a.m. to 3:30 p.m. Pacific Time, except federal holidays)
- Fax address changes to DEERS at 1-831-655-8317
- Mail address changes to:
Defense Manpower Data Center Support Office
Attn: COA, 400 Gigling Road, Seaside, CA 93955-6771
- Update addresses electronically at
www.tricare.osd.mil/DEERSAddress