



## Savings Realized on Tricare Reserve Select

According to the Association of the United States Army, National Guard and Reserve families are now seeing savings on the cost of their healthcare coverage. Monthly premiums for TRICARE Reserve Select (TRS) member coverage dropped

42 percent as of January 1, 2009. To qualify, candidates must be members of the Selected Reserve and cannot be enrolled for the Federal Employee Health Benefits program. For more information about TRS visit [www.tricare.mil/TRS](http://www.tricare.mil/TRS).

## New Dental Rates for Reserve Component

On February 1, 2009, new dental rates took effect for the National Guard and Reserve members and their families. The new rates will be in effect until January 31, 2010.

Here is a short cost list per month:

### Active Duty:

- Active Duty/AGR Family Premium (more than one family member) is \$30.29;

### Select Reserve & Individual Ready Reserve

(Mobilization Category)

- Select Reserve (one family member excluding sponsor) is \$30.29;

- Select Reserve family premium (more than one family member, excluding sponsor) is \$75.73; and

- Sponsor and family premium is \$87.85.

**Individual Ready Reserve (IRR)** (Other than Special Mobilization Category)

- IRR Non-mobilized single premium (one family member - excluding sponsor) is \$30.29;

- IRR Non-mobilized family premium (more than one family member excluding sponsor) is \$75.73; and

- Sponsor and family premium is \$106.02.

For complete benefits and cost-share percentages, please visit the United Concordia Website at <http://www.tricaredental-program.com>.

(Source: <http://www.tricare.mil/Factsheets/viewfactsheet.cfm?id=369>)

## Guard Members Earn Discretionary Points for Joint Designation

Discretionary points can now be earned through the Joint Officer Management Program (JOM) to achieve the Joint Qualified Officer designation.

While the JQS mandates minimum educational requirements in Joint Professional Military Education (JPME), the JQS experience-based track allows for discretionary points to be awarded for additional education, training and exercises.

An approved exercises and training course list can be found on the Joint Electronic Library Website at: [www.dtic.mil/doctrine/jqs.htm](http://www.dtic.mil/doctrine/jqs.htm).

Officers may be awarded discretionary points for JS/J7 approved joint education completed through distance

learning while serving in a Standard Joint Duty Assignment (S-JDA).

They may also be awarded discretionary points for JS/J7 joint education completed through distance learning during periods where the officer is also awarded Experienced Joint Duty Assignment (E-JDA) points.

Officers may not be awarded discretionary points for joint training or joint exercises while serving in an S-JDA assignment or during any period for which the officer is awarded E-JDA points.

National Guard officers can nominate themselves for credit toward joint officer qualification until Sept. 30, 2010.

## DeCA Brings the Commissary to the Reserve & Guard

The Defense Commissary Agency (DeCA) is making the benefit more useful to Citizen Soldiers and Airmen. DeCA is bringing the commissary to the Guard member. The following are the dates and locations where the Commissary will be coming directly to the Reserve/Guard:\*

### MARCH

**March 14-15**, Fort Monmouth, N.J.;

**March 19-21**, NAS Jacksonville, Fla.;

**March 20-22**, Shaw AFB;

**March 27-29**, Fort Gillem, Ga.;

**March 28-29**, Wright-Patterson AFB.

### APRIL

**April 2-4** Andersen AFB; **April 3-4**, Fort Jackson, S.C.;

**April 3-5**, Smokey Point, Marysville, Wa.;

**April 3-5**, Fort Campbell, KY.; **April 4**, C.E. Kelly SF, Oakdale,

Penn.; **April 4-5**, Offutt AFB, Neb.; **April 4-5**, New London,

NSB Groton, Conn.; **April 5-7**, Fort Sam Houston, Texas; **April**

**6-8**, Pearl Harbor, Hawaii; **April 17-19**, Fairchild AFB, Wash.;

**April 17-19**, McChord AFB, Wash.; **April 21**, Elmendorf AFB,

Anchorage, AK.; **April 24-25**, F.E. Warren AFB, Cheyenne,

Wyo.; **April 24-25**, Fort Belvoir, Va.; **April 25-26**, Wright-

Patterson AFB, Ohio.

\*All on-site sales are subject to change without notice.

\*\*For more information, visit [www.commissaries.com](http://www.commissaries.com) and click on *Bringing the Benefit to You on the left side*.